

MONDAY DECEMBER 18	TUESDAY DECEMBER 19	WEDNESDAY DECEMBER 20	THURSDAY DECEMBER 21	FRIDAY DECEMBER 22	SATURDAY DECEMBER 23	SUNDAY DECEMBER 24	TUESDAY DECEMBER 26	WEDNESDAY DECEMBER 27	THURSDAY DECEMBER 28	FRIDAY DECEMBER 29
6:00 AM-1:00 PM RIVER & LAP LANES	6:00AM –1:00PM RIVER & LAP LANES	6:00 AM-1:00 PM RIVER & LAP LANES	6:00AM –1:00PM RIVER & LAP LANES	6:00 AM-1:00 PM RIVER & LAP LANES	7:00AM—1:00PM LAP LANES	MONDAY DECEMBER 25	6:00 AM-1:00 PM RIVER & LAP LANES	6:00 AM-1:00 PM RIVER & LAP LANES	6:00 AM-1:00 PM RIVER & LAP LANES	6:00 AM-1:00 PM RIVER & LAP LANES
6:00-7:00 AM DEEP WATER 7:55-8:55 AM WATER WALK	7:25-8:25 DEEP WATER 8:30-9:30 AM ARTHRITIS AQUATIC FITNESS	6:00-7:00 AM DEEP WATER 7:55-8:55 AM WATER WALK	7:25-8:25 DEEP WATER 8:30-9:30 AM ARTHRITIS AQUATIC FITNESS	7:55-8:55 AM WATER WALK	7:00-8:00AM HAPPY HOUR LEISURE POOL & RIVER		7:25-8:25 DEEP WATER 8:30-9:30 AM ARTHRITIS AQUATIC FITNESS	6:00-7:00 AM DEEP WATER 7:55-8:55 AM WATER WALK	7:25-8:25 DEEP WATER 8:30-9:30 AM ARTHRITIS AQUATIC FITNESS	7:55-8:55 AM WATER WALK 9:20-10:20AM SHALLOW WATER
9:30AM-1:00 PM LEISURE POOL & RIVER	9:30AM-1:00 PM LEISURE POOL & RIVER	9:30AM-1:00 PM LEISURE POOL & RIVER	9:30AM-1:00 PM LEISURE POOL & RIVER	9:30AM-1:00 PM LEISURE POOL & RIVER	7:30-8:30AM DEEP WATER FITNESS		9:30AM-1:00PM LEISURE POOL & RIVER	9:30AM-1:00 PM LEISURE POOL & RIVER	9:30AM-1:00PM LEISURE POOL & RIVER	9:30AM-1:00PM LEISURE POOL & RIVER
9:20-10:20AM SHALLOW WATER 10:30-11:30AM LOW-IMPACT FITNESS TRAINING	10:45-11:45 AM LOW-IMPACT FITNESS TRAINING	9:20-10:20AM SHALLOW WATER 10:30-11:30AM LOW-IMPACT FITNESS TRAINING	10:45-11:45 AM LOW-IMPACT FITNESS TRAINING	9:20-10:20AM SHALLOW WATER 10:30-11:30AM LOW-IMPACT FITNESS TRAINING	8:00-9:15AM LEISURE POOL & RIVER		10:45-11:45 AM LOW-IMPACT FITNESS TRAINING	9:20-10:20AM SHALLOW WATER 10:30-11:30AM LOW-IMPACT FITNESS TRAINING	10:45-11:45 AM LOW-IMPACT FITNESS TRAINING	10:30-11:30AM LOW-IMPACT FITNESS TRAINING
12:00-1:00 PM ARTHRITIS AQUATIC FIT- NESS		12:00-1:00 PM ARTHRITIS AQUATIC FIT- NESS		12:00-1:00 PM ARTHRITIS AQUATIC FIT- NESS	9:20-10:35AM LEISURE POOL & RIVER			12:00-1:00 PM ARTHRITIS AQUATIC FITNESS		12:00-1:00 PM ARTHRITIS AQUATIC FITNESS
1:15-2:45 PM RECREATION SWIM	1:15-2:45 PM RECREATION SWIM	1:15-2:45 PM RECREATION SWIM	1:15-2:45 PM RECREATION SWIM	1:15-2:45 PM RECREATION SWIM	10:40-11:55AM LEISURE POOL & RIVER		1:15-2:45 PM RECREATION SWIM	1:15-2:45 PM RECREATION SWIM	1:15-2:45 PM RECREATION SWIM	1:15-2:45 PM RECREATION SWIM
2:45-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS	2:45-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS	2:45-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS	2:45-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS	2:45-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS	12:00-1:00 PM HAPPY HOUR LEISURE POOL & RIVER		2:45-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS	2:45-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS	2:45-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS	2:45-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS
3:00-4:00 PM HAPPY HOUR LEISURE & RIVER	3:00-4:00 PM HAPPY HOUR LEISURE & RIVER	3:00-4:00 PM HAPPY HOUR LEISURE & RIVER	3:00-4:00 PM HAPPY HOUR LEISURE & RIVER	3:00-4:00 PM HAPPY HOUR LEISURE & RIVER	1:15-2:45PM RECREATION SWIM		3:00-4:00 PM HAPPY HOUR LEISURE & RIVER	3:00-4:00 PM HAPPY HOUR LEISURE & RIVER	3:00-4:00 PM HAPPY HOUR LEISURE & RIVER	3:00-4:00 PM HAPPY HOUR LEISURE & RIVER
4:30– 6:30 PM LEISURE RIVER & LAP LANES	SPECIAL REC SWIM! 4:45-6:15PM RECREATION SWIM	4:30-6:30 PM LEISURE RIVER & LAP LANES	SPECIAL REC SWIM! 4:45-6:15PM RECREATION SWIM	4:40-6:10 PM RECREATION SWIM	Rental Times Available: 2:55-3:55pm 4:00-5:00pm		SPECIAL REC SWIM! 4:45-6:15PM RECREATION SWIM	4:30-6:20 PM LEISURE RIVER & LAP LANES	SPECIAL REC SWIM! 4:45-6:15PM RECREATION SWIM	4:40-6:10 PM RECREATION SWIM
5:30-6:30 PM DEEP WATER	6:30-8:30PM LEISURE & RIVER 2 ADULT LAP LANES	5:30-6:30 PM DEEP WATER	6:30-8:30PM LEISURE & RIVER 2 ADULT LAP LANES				6:30-8:30PM 2 ADULT LAP LANES LEISURE & RIVER	5:30-6:30 PM DEEP WATER FITNESS	6:30-8:30PM 2 ADULT LAP LANES LEISURE & RIVER	
6:30-8:30PM LEISURE RIVER & 2 ADULT LAP LANES	7:30-8:30PM AQUA ZUMBA®	6:30-8:30PM LEISURE RIVER & 2 ADULT LAP LANES	7:30-8:30PM AQUA ZUMBA®			AQUA ZUMBA IS CANCELLED	6:30-8:30PM LEISURE RIVER & 2 ADULT LAP LANES	AQUA ZUMBA IS CANCELLED		
BUILDING CLOSSES 9:00 PM	BUILDING CLOSSES 9:00 PM	BUILDING CLOSSES 9:00 PM	BUILDING CLOSSES 9:00 PM	BUILDING CLOSSES 7:00 PM	BUILDING CLOSSES 5:30 PM	PAVILION CLOSED	BUILDING CLOSSES 9:00 PM	BUILDING CLOSSES 9:00 PM	BUILDING CLOSSES 9:00 PM	BUILDING CLOSSES 7:00 PM

Happy Holidays



SATURDAY DECEMBER 30	SUNDAY DECEMBER 31	MONDAY JANUARY 1	TUESDAY JANUARY 2	WEDNESDAY JANUARY 3	THURSDAY JANUARY 4	FRIDAY JANUARY 5	SATURDAY JANUARY 6	SUNDAY JANUARY 7
7:00AM—1:00PM 3 LAP LANES 1 MULTI-PURPOSE LANE		Happy New Year 2018	6:00AM-2:30PM LAP LANES & RIVER	6:00AM-2:30PM LAP LANES & RIVER	6:00AM-2:30PM LAP LANES	6:00AM-2:30PM LAP LANES & RIVER	7:00AM-1:00PM LAP LANES	
7:00-8:00AM HAPPY HOUR LEISURE POOL & RIVER	8:30AM-1:00PM LAP LANES		7:25-8:25 AM DEEP WATER FITNESS	6:00-7:00 AM DEEP WATER FITNESS	7:25-8:25 AM DEEP WATER FITNESS		7:00-8:00AM LEISURE POOL & RIVER	8:30AM-1:00PM LAP LANES
7:30-8:30AM DEEP WATER FITNESS	8:30-9:15AM \$1 DIP SPECIAL LEISURE POOL ONLY		8:30-9:30 AM ARTHRITIS AQUATIC FITNESS	7:55-8:55 AM WATER WALK	8:30-9:30 AM ARTHRITIS AQUATIC FITNESS		7:30-8:30AM DEEP WATER FITNESS	8:30-9:15AM LEISURE POOL ONLY
8:00-9:15AM LEISURE POOL & RIVER	8:35-9:35 AM RIVER FITNESS CLASS			9:20-10:20 AM SHALLOW WATER FITNESS		9:20-10:20AM SHALLOW WATER FITNESS	8:00-9:15AM LEISURE POOL & RIVER	8:35-9:35 AM RIVER FITNESS CLASS
9:20-10:35AM LEISURE POOL & RIVER	9:20-10:35AM LEISURE POOL 9:40 RIVER OPENS		9:30AM-2:45 PM LEISURE POOL	9:30AM-2:45 PM LEISURE POOL	9:30AM-2:45 PM LEISURE POOL	9:30AM-2:45 PM LEISURE POOL	9:20-10:35AM LEISURE POOL & RIVER	9:20-10:35AM LEISURE POOL 9:40 RIVER OPENS
10:40-11:55AM LEISURE POOL & RIVER	10:40-11:55 AM LEISURE POOL & RIVER		10:45-11:45 AM LIFT CLASS	10:30-11:30 AM LIFT CLASS	10:45-11:45 AM LIFT CLASS	10:30-11:30AM LOW-IMPACT FITNESS TRAINING	10:40-11:55AM LEISURE POOL & RIVER	10:40-11:55 AM LEISURE POOL & RIVER
12:00-1:00 PM HAPPY HOUR LEISURE POOL & RIVER	12:00-1:00 PM HAPPY HOUR LEISURE POOL & RIVER			12:00-1:00 PM ARTHRITIS AQUATIC FITNESS		12:00-1:00 PM ARTHRITIS AQUATIC FITNESS	12:00-1:00 PM HAPPY HOUR LEISURE POOL & RIVER	12:00-1:00 PM HAPPY HOUR LEISURE POOL & RIVER
1:15-2:45PM RECREATION SWIM	1:15-2:45PM RECREATION SWIM		2:30-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS	2:30-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS	2:30-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS	2:30-4:30PM EDMONDS SCHOOL DIST SWIM TEAMS	1:15-2:45PM RECREATION SWIM	1:15-2:45PM RECREATION SWIM
RENTAL TIMES AVAILABLE 2:55-3:55PM 4:00-5:00PM	POOL, SPA, SAUNA CLOS- ING AT 2:45PM		3:00-4:00 PM HAPPY HOUR! LEISURE POOL & RIVER	3:00-4:00 PM HAPPY HOUR! LEISURE POOL & RIVER	3:00-4:00 PM HAPPY HOUR! LEISURE POOL & RIVER	3:00-4:00 PM HAPPY HOUR! LEISURE & RIVER	RENTAL TIMES AVAILABLE 2:55-3:55PM 4:00-5:00PM 5:05-6:05PM	RENTAL TIMES AVAILABLE 2:55-3:55PM 4:00-5:00PM
POOL, THERAPY POOL, & SAUNA CLOSED TO PUBLIC			4:30-9:30 PM LEISURE POOL & RIVER 2 LAP LANES	4:30-9:30 PM LEISURE POOL & RIVER 2 LAP LANES	4:30-9:30 PM LEISURE POOL & RIVER 2 LAP LANES	4:30-9:30 PM LEISURE POOL & RIVER 2 LAP LANES	POOL, SPA & SAUNA CLOSING AT 4:00PM	POOL, THERAPY POOL, & SAUNA CLOSED TO PUBLIC
SPECIAL TIME! 5:15-6:45PM RECREATION SWIM		7:30-8:30 PM AQUA ZUMBA®	5:30-6:30 PM DEEP WATER FITNESS	7:30-8:30 PM AQUA ZUMBA®	LIFEGUARD IN-SERVICE 4:15-6:30PM	6:15-7:45PM RECREATION SWIM	5:15-6:45 PM RECREATION SWIM	
BUILDING CLOSSES 7:15 PM	BUILDING CLOSSES 3:15PM	PAVILION CLOSED	BUILDING CLOSSES 10:00 PM	BUILDING CLOSSES 10:00 PM	BUILDING CLOSSES 10:00 PM	BUILDING CLOSSES 6:30 PM	BUILDING CLOSSES 8:00 PM	BUILDING CLOSSES 7:00 PM



MOUNTLAKE TERRACE RECREATION PAVILION
• 5303 228TH ST. SW • MOUNTLAKE TERRACE, WA 98043
• 425.776.9173 • WWW.MLTREC.COM •

Swimming Lessons begin: January 8, 9, 12, 13, , & 14, 2018