



# **News Release**

## **CITY OF MOUNTLAKE TERRACE**

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### **FOR IMMEDIATE RELEASE:**

October 26, 2011

### **Mountlake Terrace Offers Free Swim Lessons for Third Graders**

MOUNTLAKE TERRACE—Beginning in November, third grade students who either reside or attend school in the Edmonds School District will have the opportunity to have free swim lessons at the Mountlake Terrace Recreation Pavilion.

In July, Verdant Health Commission (formally the South Snohomish County Commission for Health) confirmed a grant award that provides up to three sessions of swim lessons through a voucher system. Each session has an average of 10 classes.

The three-year grant is the result of a collaborative proposal submitted by the Cities of Mountlake Terrace, Edmonds and Lynnwood. The total grant amount available is \$168,000 per year for three years. An agreement with Public Hospital District No. 2 (Swedish Hospital) is scheduled for Council consideration and approval at the November 7 City Council meeting.

This program gives third grade students the opportunity to develop personal safety and basic rescue skills. Students participate in an aquatic instruction program based on individual improvement with an American Red Cross Swimming Certification for those who meet minimum requirements.

The Edmonds School District is currently in the process of distributing the vouchers to their third grade students. Additional outreach efforts will be made to include third grade home school students and those attending private schools.

This new swim lesson program is set to start at the Mountlake Terrace Recreation Pavilion during the week of November 14. Registration begins the week of November 7.

More information about the third grade swim program is available by calling the Recreation Pavilion at (425) 776-9173 or on the city's web site at [www.cityofmlt.com](http://www.cityofmlt.com) for the swim lesson program and schedule.

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