

Adaptive Aquatics Program

For Children with Special Needs Ages 12 And Under

This program is for children with special needs that may prevent them from joining or thriving in the general lesson program. There are two levels within Adaptive Aquatics: Water Introduction and Water Introduction & Integration.

All students will start with **Water Introduction** for their first session in the Adaptive Aquatics program. In Water Introduction they will gain basic water safety and swimming skills.

After the first session students may be able to progress to **Water Introduction & Integration**. From this students will progress into the general swim lesson program. This will be determined by instructors working with parents and students to find the best path for each individual.



For registration questions, please call the Pavilion at 425-776-9173. If you have additional questions contact Recreation Coordinator Marisa Gruhn.

Class will be held Mondays & Wednesdays 6:55-7:25pm (time subject to change)

- Session 1: January 10-February 2 (7 lessons, No lessons 1/17)
- Session 2: February 7-March 2 (7 lessons, No lessons 2/21)
- Session 3: March 7-March 30 (8 lessons)



To Register for this Program:

- Come in to the MLT Recreation Pavilion before registration to pick up a Registration Information packet. This can be returned to the Pavilion at registration or before class starts.
- Come in and register with payment on:

-Session 1: 12/20 MLT reg 12/21 Open reg 7 lesson MLT resident \$91.00 Non MLT \$98.00

-Session 2: 2/2 MLT reg 2/3 Open reg 7 lesson MLT resident \$91.00 Non MLT \$98.00

-Session 3: 3/2 MLT reg 3/3 Open reg 8 lesson MLT resident \$104.00 Non MLT \$112.00



Mountlake Terrace Recreation Pavilion
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